

## **Step 6 - I become entirely ready to have God remove all of these defects of character**

- Do you have any fairy tales or myths that you feel a special affinity with? Why?
- Describe situations and events where you have been full of pride. What has this brought into your life that you like or enjoy? What problems has it caused you?
- Describe the kind of activities you really enjoy (of course, NOT your addictive behavior).
- What are some healthy eating or exercise habits that you could start? • What are some unhealthy eating habits that you could give up?
- Describe some secret GOOD deeds that you have done or would like to do.
- Describe situations and events where you have been greedy, overly needy or materialistic. What has this brought into your life that you like or enjoy? What problems has it caused you? Are you ready to give these attitudes over to the care of God?
- Describe situations and events where you have given in to lust without regard for others or any morality. What has this brought into your life that you like or enjoy? What problems has it caused you? Are you ready to give these lustful feelings over to the power of God?
- Describe situations and events where you have been dishonest. What has this brought into your life that you like or enjoy? What problems has it caused you? Are you ready to depend upon God to keep you from dishonesty?
- Describe situations and events where you have given into excessive eating, drinking, shopping or covetousness. What has this brought into your life that you like or enjoy? What problems has it caused you? Are you ready to let God take control of these behaviors and attitudes?
- Describe situations and events where you have been very envious or jealous of others. What has this brought into your life that you like or enjoy? What problems has it caused you? Are you ready to turn these situations over to God?
- Describe situations and events where you have avoided responsibility for your actions or lack of actions. What has this brought into your life that you like or enjoy? What problems has it caused you? Are you ready to allow God to help you take responsibility for your actions?
- List your major defects of character.
- What do you plan to do when these major defects of character begin to become evident? List each defect individually along with the proposed preventative behavior and how you will allow God to help you in your battle against these defects. Step 7 - I humbly ask God to remove my shortcoming