

Step 11 - Through prayer and meditation I seek to improve my conscious contact with God as I understand God, praying only for knowledge of God's will for my life and the power to carry that out

- Can you recall anytime that your life was heading in the wrong direction? If so, what brought you back? Describe this in detail.
- How would you describe your beliefs about God and a Higher Power to a child?
- What are your favorite sources of wisdom and knowledge about healthy values?
- Has anything you ever read convinced you to change in some fundamental or deep way?
- If you were stranded on a desert island with only one book, which book would you take? Why?
- If you had only one week to live and unlimited resources, who would you gather around you and how would you pass the time?
- Write out a complete form of what you would like your obituary to say.
- What do you believe will happen to you after you die